

# ENDICOTT COLLEGE CHEERLEADING

September 2003 – March 2004

## CONSTITUTION

This constitution instates all rules and regulations administered by Endicott College and Endicott College Cheerleading.

### I. **Organization**

- a. This constitution has been written and adopted for the Endicott College Cheerleading Team. The team and its Constitution are governed by Endicott College and Endicott College cheerleading members.
- b. The purpose of the Endicott College cheerleading team is to:
  - i. Prepare for and engage in competition against similar teams.
  - ii. Create school pride, spirit, and loyalty.
  - iii. Promote interest in school activities and perform at school games.
  - iv. Develop responsibility, teach self-respect, encourage honest effort, strive for perfection, and develop character.
  - v. Teach teamwork and pride in a quality performance through maintaining high standards.
- c. The responsibilities of the Head Coach and Assistant Coach are to:
  - i. Conduct try-outs.
  - ii. Be responsible for the daily running of activities of the Endicott College cheerleading team.
  - iii. Be responsible for organizing team-building activities and competitions.
  - iv. Organize fundraising efforts under the direction of the Team Captain(s).

### II. **Eligibility**

- a. Each member must be a full-time student in good academic standing.
- b. Each member must submit a complete Application Form and Assumption of Risk/ Waiver and Release Form BEFORE try-outs take place.
  - i. The form MUST be signed by the candidate
  - ii. If under age 18, the form MUST be signed by parent/guardian.
- c. The team shall consist of a minimum of 10 and a maximum of 22 line members.
- d. There will be no more than two called Alternates.
- e. There will be no more than three Team Leaders/Captains.

### III. **Attendance**

- a. If a member is ill, he/she must notify coaching staff immediately.
- b. All members must attend each activity in its entirety.
- c. Tardiness will NOT be tolerated.
- d. Participation in various campus events will be required from all members.
  - i. For example: Open House, Accepted Students Day, SGA, etc.

### IV. **Uniform**

- a. Each member will be expected to provide practice uniforms.
  - i. Bases: avoid loose fitting, baggy clothing that may interfere with stunting
  - ii. Flyers: wear shorts to leave ankles free from restriction and avoid loose fitting clothing.
- b. Performance uniforms will be provided through team fundraising and will be the property of the Endicott College Cheerleading team.
- c. Each member will be required to maintain good condition and cleanliness of his/her uniform on a weekly basis.

- d. Each member will be required to have all uniforms cleaned and in good condition before the end of the year.
  - e. Footgear and accessories such as makeup, briefs, ribbons, etc., will be purchased by each member.
  - f. Hair is to be pulled back and away from the face at all times.
  - g. There is to be absolutely NO jewelry worn during activity. This includes any body piercing, earrings, necklaces, etc. that could potentially cause injury.
    - i. NO MORE than one warning will be given before disciplinary action is taken.
- V. **Liability**
- a. Each member must complete and sign an Assumption of Risk/ Waiver and Release Form.
- VI. **Character**
- a. Team members should be leaders within the school and set a good example at all times.
  - b. Team members should be above reproach maintaining good personal appearance and habits that cannot be criticized.
    - i. Smoking, drinking, and/or drug use are grounds for suspension or dismissal by the director. Each member must abide by the standards set by Endicott College.
    - ii. A member must be friendly and courteous to all other team members, as well as the student body.
    - iii. A member must be friendly and courteous to other teams and visitors.
    - iv. A member must be respectful to the Coach(s) and a credit to the school.
- VII. **Team Leaders/Captains**
- a. The Team Captain(s) will possess leadership qualities and devotion to the team.
  - b. They will be highly motivated to improvement of their team.
  - c. They will be adequate role models.
  - d. They will be delegated responsibilities per the Coach(s), but also be initiators.
    - i. The initiator will be self-motivated.
    - ii. The initiator will invest extra time outside of regular team activity for the benefit of the team.
  - e. The team Captain(s) will overlook the team at all times.
    - i. This includes, but is not limited to, any team function where the Captain(s) and a team member is present.
    - ii. The Team Captain(s) is expected to address any issue(s) they may feel to be problematic.
- VIII. **Hazing**
- a. Hazing will ABSOLUTELY NOT be tolerated. Strong disciplinary action will be taken. Please review College guideline on Hazing.
- IX. **Fundraising**
- a. All members are required to participate in all fundraising generated by the team.
  - b. Fundraising will be used to offset camp costs; uniform expenses including signage, poms, and other props; competitions and travel; etc.

This constitution is a contract. Failure to abide by the rules and regulations stated within this contract may result in dismissal from the Endicott College Cheerleading team.